

Saxon's - Club Records (male)

Park Run		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Freddie Evans	18.28	Thomas Mills Parkrun	19/04/2025
	Second	Kyle Church	19.28	Thomas Mills Parkrun	23/04/2022
	Third	Ryan Chapman	21.47	Market Rasen Parkrun	30/11/2024
21 - 29	Fastest	James Wilson	16.38	Lowestoft Parkrun	04/02/2023
	Second	Chris Fuller	19.07	Felixstowe Parkrun	26/10/2024
	Third	Harry Grimsey	19.27	Felixstowe Parkrun	23/09/2023
30 - 39	Fastest	James Wilson	18.32	Gorleston Cliffs Parkrun	03/03/2025
	Second	Neil Readhead	18.02	Gorleston Cliffs Parkrun	03/02/2025
	Third	Chris Wong	19.35	Perry Hall Parkrun	08/04/2023
40 - 44	Fastest	Olly Curtis	20.84	Gorleston Cliffs Parkrun	01/02/2025
	Second	Jonathan Harker	22.83	Sizewell Parkrun	21/09/2024
	Third	Keelan Smith	25.23	Sizewell Parkrun	11/09/2024
45 - 49	Fastest	Simon Pryke	19.57	Sizewell Parkrun	07/10/2023
	Second	Phil Ewing	21.00	Sizewell Parkrun	30/08/2023
	Third	Jonathan Harker	21.11	Sizewell Parkrun	08/03/2025
50 - 54	Fastest	Sean Newson	20.52	Sizewell Parkrun	28/01/2023
	Second	Mike Kree	22.51	Sizewell Parkrun	04/02/2024
	Third	Daniel Cooper	23.55	Sizewell Parkrun	15/02/2025
55 - 59	Fastest	Chris Bladen	22.23	Sizewell Parkrun	20/04/2024
	Second	Richard White	23.08	Sizewell Parkrun	16/04/2022
	Third	Derek Daly	24.85	Sizewell Parkrun	14/09/2022
60 - 64	Fastest	Paul Brimmon	21.89	Sizewell Parkrun	29/03/2025
	Second	Chris Bladen	22.20	Lowestoft Parkrun	15/06/2024
	Third	Gary Lowe	29.42	Sizewell Parkrun	25/02/2022
65 - 69	Fastest	Gary Lowe	23.47	Felixstowe Parkrun	20/08/2022
	Second	Dave Robbie	24.52	Lowestoft Parkrun	28/12/2024
	Third	Mark Broughton	26.30	Messanbe Bay Parkrun	01/03/2025
70 - 74	Fastest	Anthony Hunt	32.05	Sizewell Parkrun	22/03/2025
	Second	Terry Barrow	32.53	Lowestoft Parkrun	27/01/2024
	Third				
75 - 79	Fastest	Vic Stephens	50.17	Sizewell Parkrun	15/01/2022
	Second				
	Third				
80+	Fastest	Gordon Merfield	42.23	Lowestoft Parkrun	16/09/2023
	Second	Maurice Bennell	46.41		15/01/2022
	Third				

Saxon's - Club Records (male)

5 Miles		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Kyle Church	31.52	Kilton Friday 5	20/05/2022
	Second				
	Third				
21 - 29	Fastest	James Wilson	26.57	Framlingham Friday 5	07/06/2024
	Second	Kyle Church	30.37	Great Bentley Friday 5	05/07/2024
	Third	Chris Fuller	31.55	Subbury Friday 5	13/05/2024
30 - 39	Fastest	James Wilson	26.53	Subbury Friday 5	31/05/2024
	Second	Neil Readhead	29.42	Framlingham Friday 5	07/06/2024
	Third	Chris Wong	32.19	Great Bentley Friday 5	01/07/2022
40 - 44	Fastest	Keelan Smith	43.32	Great Bentley Friday 5	05/07/2024
	Second				
	Third				
45 - 49	Fastest	Simon Pryke	32.35	Framlingham Friday 5	07/06/2024
	Second				
	Third				
50 - 54	Fastest				
	Second				
	Third				
55 - 59	Fastest	Richard White	37.38	Framlingham Friday 5	07/06/2024
	Second	Chris Bladen	37.33	Framlingham Friday 5	07/06/2024
	Third				
60 - 64	Fastest	Chris Bladen	37.32	Capel 5 mile	13/10/2024
	Second	Gary Lowe	37.52	Stowmarket Friday 5	24/06/2024
	Third				
65 - 69	Fastest	Gary Lowe	37.06	Great Bentley Friday 5	05/07/2024
	Second	Dave Robbie	43.37	Kilton Friday 5	14/06/2024
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (male)

10 Miles		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest				
	Second				
	Third				
21 - 29	Fastest	James Wilson	57.04	Tarpley 10	25/02/2024
	Second	Kyle Church	01:09:04	Tarpley 10	26/02/2023
	Third	Chris Fuller	01:09:35	Tarpley 10	25/02/2024
30 - 39	Fastest	James Wilson	56.15	Tarpley 10	23/02/2025
	Second	Neil Readhead	01:01:17	Tarpley 10	23/02/2025
	Third	Chris Wong	01:11:45	Felixstowe Coastal 10 mile	03/08/2023
40 - 44	Fastest	Keelan Smith	01:42:03	Tarpley 10	23/02/2025
	Second				
	Third				
45 - 49	Fastest	Simon Pryke	01:13:15	Felixstowe Coastal 10 mile	08/09/2024
	Second	Phil Ewing	01:11:50	Yorkshire 10 mile	20/10/2024
	Third				
50 - 54	Fastest	Sean Newson	01:13:05	Tarpley 10	26/02/2023
	Second				
	Third				
55 - 59	Fastest	Richard White	01:10:16	Tarpley 10	25/02/2024
	Second	Derek Daly	01:21:50	Tarpley 10	27/02/2022
	Third				
60 - 64	Fastest	Chris Bladen	01:22:52	Felixstowe Coastal 10 mile	08/09/2024
	Second				
	Third				
65 - 69	Fastest	Gary Lowe	01:18:22	Tarpley 10	23/02/2025
	Second				
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (male)

Marathon		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Ryan Chapman	04:51:13	London Marathon	27/04/2025
	Second				
	Third				
21 - 29	Fastest	James Wilson	02:57:15	London Marathon	23/04/2023
	Second	Chris Fuller	03:29:42	Norfolk Marathon	13/04/2025
	Third	Tom Hornsett	03:55:45	Edinburgh Marathon	28/05/2023
30 - 39	Fastest	Chris Wong	03:05:56	Valencia Marathon	03/12/2023
	Second	Tom Turner	03:17:50	Manchester Marathon	14/04/2024
	Third	Ashley Spragg	03:56:42	Norfolk Marathon	13/04/2025
40 - 44	Fastest				
	Second				
	Third				
45 - 49	Fastest	Simon Pryke	03:35:40	London Marathon	23/04/2024
	Second				
	Third				
50 - 54	Fastest				
	Second				
	Third				
55 - 59	Fastest	Chris Bladen	04:40:07	Manchester Marathon	16/04/2023
	Second				
	Third				
60 - 64	Fastest				
	Second				
	Third				
65 - 69	Fastest				
	Second				
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (male)

5k		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Kyle Church	20.51	Aldeburgh Team Tri	18/09/2022
	Second				
	Third				
21 - 29	Fastest	James Wilson	17.21	Eldon Relay	07/08/2022
	Second	Kyle Church	18.01	Ipswich Twilight 5k	11/05/2024
	Third	Chris Fuller	19.25	Ipswich Twilight 5k	11/05/2024
30 - 39	Fastest	James Wilson	18.45	Ipswich Twilight 5k	11/05/2024
	Second	Tom Vale	21.00	Ipswich Twilight	14/05/2022
	Third				
40 - 44	Fastest				
	Second				
	Third				
45 - 49	Fastest	Simon Pryke	24.34	Run Henham 5k	10/11/2024
	Second				
	Third				
50 - 54	Fastest				
	Second				
	Third				
55 - 59	Fastest	John Artell	34.22	Eldon Relay	07/08/2022
	Second				
	Third				
60 - 64	Fastest	Gary Lowe	21.49	Bungay 5k	10/04/2024
	Second	Garry Shipp	27.20	Eldon Relay	07/08/2022
	Third	Nemo Lucas	36.23	Eldon Relay	07/07/2024
65 - 69	Fastest	Gary Lowe	22.15	Ipswich Twilight 5k	11/05/2024
	Second	Mark Broughton	28.02	Eldon Relay	07/07/2024
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (male)

10k		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Kyle Church	44.43	Eldon Relay	07/08/2022
	Second	Ryan Chapman	44.51	Leicester 10k	02/03/2023
	Third				
21 - 29	Fastest	James Wilson	35.33	Woodbridge 10k	21/05/2023
	Second	Kyle Church	38.45	Ipswich Twilight 10k	26/07/2024
	Third	Chris Fuller	39.50	Ipswich Twilight 10k	26/07/2024
30 - 39	Fastest	James Wilson	34.20	Ipswich Twilight 10k	26/07/2024
	Second	Neil Readhead	37.38	Ipswich Twilight 10k	26/07/2024
	Third	Chris Wong	40.33	Telford & Wrentham 10k	17/04/2022
40 - 44	Fastest	Keelan Smith	01:00:48	Heritage Coast Run	05/05/2024
	Second				
	Third				
45 - 49	Fastest	Simon Pryke	40.21	Bungay 10k	14/04/2024
	Second				
	Third				
50 - 54	Fastest	Darren Wall	50.33	Great Yarmouth 10k	02/03/2025
	Second	Daniel Cooper	50.41	London Winter Run 10k	23/02/2025
	Third				
55 - 59	Fastest	Chris Bladen	46.52	Bungay 10k	14/04/2024
	Second	Richard White	47.13	Bungay 10k	16/04/2023
	Third	Derek Daly	50.54	Woodbridge 10k	08/05/2022
60 - 64	Fastest	Gary Lowe	45.18	Little Bromley 10k	17/04/2022
	Second	Chris Bladen	46.08	Henham 10k	10/11/2024
	Third	Paul Brimmon	50.26	Framlingham 10k	01/09/2024
65 - 69	Fastest	Gary Lowe	46.17	Ipswich Twilight 10k	23/07/2024
	Second	Dave Robbie	51.22	Run Henham 10k	10/11/2024
	Third	Mark Broughton	01:06:06	Framlingham 10k	01/09/2024
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				