

Saxon's - Club Records (female)

Park Run		Name	Time	Race	Date
U17	Fastest	Alice Keen	18.02	Sizewell Parkrun	29/03/2025
	Second				
	Third				
U21	Fastest	Tabitha Knepe	27.38	Woodhouse Moor Parkrun	15/02/2025
	Second				
	Third				
21 - 29	Fastest	Imogen Elliott	22.43	Gorleston Cliffs Parkrun	03/02/2025
	Second	Tia Johnson	26.57	Rutland Water Parkrun	17/08/2024
	Third	Leanne Rougeree	31.40	Kesgrave Parkrun	13/07/2024
30 - 39	Fastest	Phoebe Lydbrook	25.59	Sizewell Parkrun	11/08/2024
	Second	Hannah Wingfield	31.25	Sizewell Parkrun	12/06/2023
	Third				
40 - 44	Fastest	Rachel Needle	23.32	Gorleston Cliffs Parkrun	03/02/2025
	Second	Linda Mitchell	25.58	Thomas Mills Parkrun	03/01/2022
	Third				
45 - 49	Fastest	Amanda Jones	25.12	Sizewell Parkrun	18/04/2025
	Second	Leah Knepe	26.57	Sizewell Parkrun	01/07/2023
	Third	Michelle Keeble	27.48	Thomas Mills Parkrun	30/04/2022
50 - 54	Fastest	Sarah Vick	24.52	Lowestoft Parkrun	13/08/2022
	Second	Rachel Bartlett	25.39	Sizewell Parkrun	22/03/2022
	Third	Jo White	27.57	Sizewell Parkrun	17/12/2023
55 - 59	Fastest	Sarah Vick	26.34	Lowestoft Parkrun	06/07/2024
	Second	Caroline Spendlove	26.34	Felicitoway Parkrun	04/03/2025
	Third	Jo White	36.54	Felicitoway Parkrun	04/03/2025
60 - 64	Fastest	Fran Abrams	27.04	Comber Parkrun	03/02/2024
	Second	Helen Drane	27.30	Sizewell Parkrun	01/06/2024
	Third	Ms Brougham	38.43	Sizewell Parkrun	01/06/2024
65 - 69	Fastest	Charlotte Hawkins	28.43	Sizewell Parkrun	06/11/2022
	Second	Carol Fage	28.11	Sizewell Parkrun	15/01/2022
	Third	Jane Collins	37.48	Sizewell Parkrun	08/09/2023
70 - 74	Fastest	Jane Collins	38.16	Ekiden Relay	07/07/2024
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest	Wendy Merfield	01:00:05	Lowestoft Parkrun	10/08/2022
	Second				
	Third				

Saxon's - Club Records (female)

5 Miles		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest				
	Second				
	Third				
21 - 29	Fastest	Tia Johnson	45.59	Saxons' 5 mile	06/10/2024
	Second				
	Third				
30 - 39	Fastest				
	Second				
	Third				
40 - 44	Fastest	Rachel Needle	45.34	Saxons' 5 mile	06/10/2024
	Second				
	Third				
45 - 49	Fastest	Michelle Keeble	48.36	Framingham Friday 5	10/06/2022
	Second	Ana Barbosa	52.57	Framingham Friday 5	09/06/2023
	Third				
50 - 54	Fastest	Rachel Bartlett	40.29	Great Bentley Friday 5	07/07/2023
	Second	Sarah Vick	41.47	Framingham Friday 5	07/06/2024
	Third	Jo White	46.21	Kirton Friday 5	20/05/2022
55 - 59	Fastest	Sarah Vick	47.00	Exel 5 mile	13/10/2024
	Second	Jo White	44.27	Sudbury Friday 5	02/06/2023
	Third	Karen Flower	48.33	Kirton Friday 5	14/06/2024
60 - 64	Fastest				
	Second				
	Third				
65 - 69	Fastest				
	Second				
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (female)

10 Miles		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest				
	Second				
	Third				
21 - 29	Fastest	Imogen Elliott	01:20:13	Tarpley 10	23/02/2025
	Second				
	Third				
30 - 39	Fastest				
	Second				
	Third				
40 - 44	Fastest				
	Second				
	Third				
45 - 49	Fastest	Sarah Catchpole	01:29:26	Tarpley 10	23/02/2025
	Second				
	Third				
50 - 54	Fastest	Sarah Vick	01:27:09	British Masters (Gravesend)	27/11/2022
	Second	Ms Bladen	01:40:47	Tarpley 10	26/02/2025
	Third	Jo Clifton	01:45:52	Tarpley 10	26/02/2023
55 - 59	Fastest	Sarah Vick	01:28:23	Tarpley 10	23/02/2025
	Second	Karen Flower	01:46:03	Felicitoway Coastal 10-mile	08/06/2024
	Third				
60 - 64	Fastest	Fran Abrams	01:40:4	Tarpley 10	23/02/2025
	Second				
	Third				
65 - 69	Fastest				
	Second				
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (female)

Marathon		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest				
	Second				
	Third				
21 - 29	Fastest				
	Second				
	Third				
30 - 39	Fastest				
	Second				
	Third				
40 - 44	Fastest	Linda Mitchell	04:24:35	London Marathon	02/10/2022
	Second				
	Third				
45 - 49	Fastest				
	Second				
	Third				
50 - 54	Fastest	Sarah Vick	04:48:40	Palestine Marathon	10/05/2023
	Second	Ms Bladen	05:12:37	London Marathon	02/10/2022
	Third				
55 - 59	Fastest				
	Second				
	Third				
60 - 64	Fastest	Ann Granger	05:35:34	London Marathon	23/04/2023
	Second				
	Third				
65 - 69	Fastest				
	Second				
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (female)

5k		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest				
	Second				
	Third				
21 - 29	Fastest				
	Second				
	Third				
30 - 39	Fastest				
	Second				
	Third				
40 - 44	Fastest				
	Second				
	Third				
45 - 49	Fastest	Donna Sanderson	28.04	New Trails Canicross 5k	01/12/2024
	Second	Michelle Keeble	30.13	Ekiden Relay	07/06/2022
	Third				
50 - 54	Fastest	Sarah Vick	25.49	Ekiden Relay	23/07/2023
	Second	Rachel Bartlett	25.58	Ekiden Relay	07/07/2024
	Third	Jo White	28.09	Ekiden Relay	07/06/2022
55 - 59	Fastest	Jo White	27.59	Ekiden Relay	07/07/2024
	Second	Karen Flower	28.31	Sale Sinder	20/06/2024
	Third				
60 - 64	Fastest	Fran Abrams	27.39	Kings K9 5k	01/03/2025
	Second	Helen Drane	28.06	Ekiden Relay	23/07/2023
	Third	Ms Brougham	31.22	Ekiden Relay	07/07/2024
65 - 69	Fastest	Jane Collins	31.25	Ekiden Relay	07/06/2022
	Second				
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (female)

10k		Name	Time	Race	Date
U17	Fastest	Alice Keen	41.58	Heritage Coast Run	06/05/2024
	Second				
	Third				
U21	Fastest	Tabitha Knepe	55.29	Bufford 10k	23/02/2025
	Second				
	Third				
21 - 29	Fastest				
	Second				
	Third				
30 - 39	Fastest				
	Second				
	Third				
40 - 44	Fastest	Linda Mitchell	49.58	Burgay 10k	10/04/2022
	Second				
	Third				
45 - 49	Fastest	Amanda Jones	52.57	Heritage Coast Run	06/05/2024
	Second	Michelle Keeble	56.30	Colchester Damside	15/05/2022
	Third				
50 - 54	Fastest	Sarah Vick	51.04	Ekiden	07/06/2022
	Second	Rachel Bartlett	51.57	Heritage Coast Run	01/05/2022
	Third	Jo White	57.09	Burgay 10k	16/04/2023
55 - 59	Fastest	Jo White	56.17	Burgay 10k	14/04/2024
	Second	Karen Flower	01:00:42	Kesgrave 10k	30/06/2024
	Third	Jo Clifton	01:02:45	Kesgrave 10k	30/06/2024
60 - 64	Fastest	Fran Abrams	01:02:17	Endurance Life Dumwich 10k	12/10/2024
	Second	Sue Pearson	01:07:45	Heritage Coast Run	01/06/2022
	Third				
65 - 69	Fastest	Jane Collins	01:11:23	Burgay 10k	16/04/2023
	Second				
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (female)

		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Tabitha Knepe	02:27:00	Leeds Half Marathon	12/05/2024
	Second				
	Third				
21 - 29	Fastest	Imogen Elliott	01:56:19	Stowmarket Half Marathon	09/03/2025
	Second				
	Third				
30 - 39	Fastest				
	Second				
	Third				
40 - 44	Fastest	Linda Mitchell	01:57:01	Great Bentley Half Marathon	06/02/2022
	Second	Rachel Needle	02:02:12	Norfolk Half Marathon	13/04/2025
	Third				
45 - 49	Fastest	Michelle Keeble	02:16:06	Ipswich Half	23/02/2022
	Second	Donna Sanderson	02:23:21	Endurance Life Dunwich Half	12/10/2024
	Third				
50 - 54	Fastest	Sarah Vick	01:56:17	Burgay Half Marathon	10/04/2022
	Second	Rachel Bartlett	02:04:53	Reading Half Marathon	14/04/2024
	Third	Mel Blegden	02:11:46	Cambridge Half Marathon	03/05/2024
55 - 59	Fastest	Rachel Bartlett	02:02:12	Norwich Half Marathon	24/11/2024
	Second	Karen Flower	02:20:25	Cambridge Half Marathon	09/03/2025
	Third				
60 - 64	Fastest	Helen Drane	02:08:25	Cotchester Half Marathon	17/03/2024
	Second	Sue Pearson	02:42:12	Bungay Half Marathon	10/04/2022
	Third				
65 - 69	Fastest				
	Second				
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				