

Saxon's - Club Records (male)

Park Run		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Freddie Evans	17.16	Long Eaton Parkrun	12/05/2025
	Second	Kyle Church	19.28	Thomas Mills Parkrun	23/04/2022
	Third	Ryan Chapman	21.38	Snowden Field Parkrun	16/08/2025
21 - 29	Fastest	James Wilson	16.38	Lowestoft Parkrun	04/02/2023
	Second	Chris Fuller	19.07	Felkestone Parkrun	26/10/2024
	Third	Harry Grimsey	19.27	Felkestone Parkrun	23/09/2023
30 - 39	Fastest	James Wilson	18.12	Gorleston Cliffs Parkrun	03/02/2025
	Second	Neil Readhead	18.02	Gorleston Cliffs Parkrun	03/02/2025
	Third	Affie Seamons	19.20	Felkestone Parkrun	11/10/2025
40 - 44	Fastest	Oilly Curtis	20.84	Gorleston Cliffs Parkrun	01/02/2025
	Second	Jonathan Barker	22.83	Sizewell Parkrun	11/09/2024
	Third	Keelan Smith	25.23	Sizewell Parkrun	11/09/2024
45 - 49	Fastest	Simon Pryke	19.57	Sizewell Parkrun	07/10/2023
	Second	Phil Ewing	21.00	Sizewell Parkrun	30/08/2023
	Third	Jonathan Barker	21.11	Sizewell Parkrun	08/03/2025
50 - 54	Fastest	Mike Rowe	19.55	Felkestone Parkrun	14/06/2025
	Second	Sean Newson	20.52	Sizewell Parkrun	28/01/2023
	Third	Phil Ewing	21.35	Messop Parkrun	23/08/2025
55 - 59	Fastest	Chris Bladen	22.23	Sizewell Parkrun	20/04/2024
	Second	Richard White	23.08	Sizewell Parkrun	16/04/2022
	Third	Derek Daly	26.82	Sizewell Parkrun	14/05/2022
60 - 64	Fastest	Paul Brimson	21.39	Sizewell Parkrun	29/03/2025
	Second	Chris Bladen	22.20	Lowestoft Parkrun	15/06/2024
	Third	Gary Lowe	29.21	Sudbury Friday 5	06/06/2025
65 - 69	Fastest	Paul Brimson	21.19	Thomas Mills Parkrun	25/10/2025
	Second	Gary Lowe	22.47	Felkestone Parkrun	20/08/2022
	Third	Dave Robbie	24.52	Lowestoft Parkrun	28/12/2024
70 - 74	Fastest	Roger Curtis	28.08	Sizewell Parkrun	09/08/2025
	Second	Anthony Hunt	31.16	Sizewell Parkrun	07/06/2025
	Third	Terry Barrow	22.58	Lowestoft Parkrun	27/01/2024
75 - 79	Fastest	Vs. Stephens	50.17	Sizewell Parkrun	13/01/2022
	Second				
	Third				
80+	Fastest	Gordon Merfield	42.23	Lowestoft Parkrun	16/09/2023
	Second	Maurice Bennell	46.41	Sizewell Parkrun	15/01/2022
	Third				

Saxon's - Club Records (male)

5 Miles		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Freddie Evans	30.34	Capel 5 mile	12/10/2025
	Second	Kyle Church	33.52	Kirton Friday 5	20/05/2022
	Third	Ryan Chapman	37.30	Basingham Bash 5 mile	02/08/2025
21 - 29	Fastest	James Wilson	26.57	Framlingham Friday 5	07/06/2024
	Second	Chris Fuller	30.17	Great Bentley Friday 5	05/07/2024
	Third	Chris Fuller	31.55	Sudbury Friday 5	11/05/2024
30 - 39	Fastest	James Wilson	26.34	Sudbury Friday 5	06/06/2025
	Second	Neil Readhead	29.21	Sudbury Friday 5	06/06/2025
	Third	Chris Wong	32.19	Great Bentley Friday 5	01/07/2022
40 - 44	Fastest	Oilly Curtis	36.24	Framlingham Friday 5	30/05/2025
	Second	Keelan Smith	43.82	Great Bentley Friday 5	05/07/2024
	Third				
45 - 49	Fastest	Simon Pryke	32.35	Framlingham Friday 5	07/06/2024
	Second				
	Third				
50 - 54	Fastest	Mike Rowe	34.83	Kirton Friday 5	23/05/2025
	Second				
	Third				
55 - 59	Fastest	Richard White	37.28	Framlingham Friday 5	07/06/2024
	Second	Chris Bladen	37.33	Framlingham Friday 5	07/06/2024
	Third				
60 - 64	Fastest	Chris Bladen	37.32	Capel 5 mile	13/10/2024
	Second	Gary Lowe	37.52	Stowmarket Friday 5	24/06/2022
	Third	Eric Brown	46.59	Bury Friday 5	20/05/2025
65 - 69	Fastest	Gary Lowe	37.52	Great Bentley Friday 5	05/07/2024
	Second	Paul Brimson	37.14	Framlingham Friday 5	30/05/2025
	Third	Dave Robbie	42.26	Framlingham Friday 5	30/05/2025
70 - 74	Fastest	Anthony Hunt	53.03	Framlingham Friday 5	30/05/2025
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (male)

10 Miles		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest				
	Second				
	Third				
21 - 29	Fastest	James Wilson	57.04	Tarpley 10	25/02/2024
	Second	Kyle Church	01:09:04	Tarpley 10	26/02/2023
	Third	Chris Fuller	01:09:35	Tarpley 10	25/02/2024
30 - 39	Fastest	James Wilson	56.15	Tarpley 10	23/02/2025
	Second	Neil Readhead	01:01:17	Tarpley 10	23/02/2025
	Third	Chris Wong	01:11:45	Easton Coast 10 mile	10/08/2023
40 - 44	Fastest	Keelan Smith	01:40:20	Bury Valley 10 mile	28/09/2025
	Second				
	Third				
45 - 49	Fastest	Simon Pryke	01:13:15	Felkestone Coastal 10 mile	08/09/2024
	Second	Phil Ewing	01:11:50	Yorkshire 10 mile	20/10/2024
	Third				
50 - 54	Fastest	Sean Newson	01:13:05	Tarpley 10	26/02/2023
	Second				
	Third				
55 - 59	Fastest	Richard White	01:10:16	Tarpley 10	25/02/2024
	Second	Derek Daly	01:21:50	Tarpley 10	27/02/2022
	Third				
60 - 64	Fastest	Chris Bladen	01:22:52	Felkestone Coastal 10 mile	08/09/2024
	Second				
	Third				
65 - 69	Fastest	Gary Lowe	01:18:22	Tarpley 10	23/02/2025
	Second	Dave Robbie	01:27:59	Felkestone Coastal 10 mile	14/09/2025
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (male)

Marathon		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Freddie Evans	02:46:10	Leeds Marathon	11/05/2025
	Second	Ryan Chapman	04:51:13	London Marathon	27/04/2025
	Third				
21 - 29	Fastest	James Wilson	02:57:15	London Marathon	23/04/2023
	Second	Chris Fuller	03:29:42	Norfolk Marathon	13/04/2025
	Third	Tom Hounsett	03:55:45	Edinburgh Marathon	28/05/2023
30 - 39	Fastest	Chris Wong	03:05:56	Valencia Marathon	03/12/2023
	Second	Tom Turner	03:17:50	Manchester Marathon	14/04/2024
	Third	Ashley Spragg	03:56:42	Norfolk Marathon	13/04/2025
40 - 44	Fastest				
	Second				
	Third				
45 - 49	Fastest	Simon Pryke	03:35:40	London Marathon	23/04/2024
	Second				
	Third				
50 - 54	Fastest				
	Second				
	Third				
55 - 59	Fastest	Chris Bladen	04:40:07	Manchester Marathon	16/04/2023
	Second				
	Third				
60 - 64	Fastest				
	Second				
	Third				
65 - 69	Fastest				
	Second				
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (male)

5k		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Freddie Evans	17.54	Leeds 5k	23/07/2025
	Second	Ryan Chapman	20.40	Lincoln Wellington 5k	17/06/2025
	Third	Kyle Church	20.51	Aldersburgh Team Tri	18/09/2022
21 - 29	Fastest	James Wilson	17.21	Ukden Relay	07/08/2022
	Second	Kyle Church	18.01	Ipswich Twilight 5k	11/05/2024
	Third	Chris Fuller	19.00	Ipswich Twilight 5k	03/05/2023
30 - 39	Fastest	James Wilson	15.44	Ipswich Twilight 5k	03/05/2025
	Second	Affie Seamons	19.39	Africa Alive 5k	30/08/2025
	Third	Tom Vale	21.00	Ipswich Twilight	14/05/2022
40 - 44	Fastest	Keelan Smith	26.85	Aldersburgh Team Tri	21/09/2025
	Second				
	Third				
45 - 49	Fastest	Simon Pryke	24.34	Run Henham 5k	10/11/2024
	Second				
	Third				
50 - 54	Fastest	Mike Rowe	20.55	Aldersburgh Team Tri	21/09/2025
	Second	Dan Cooper	24.46	Ukden Relay	06/07/2025
	Third				
55 - 59	Fastest	Richard White	23.45	Aldersburgh Team Tri	21/09/2025
	Second	Mike Watson	26.43	Africa Alive 5k	30/08/2025
	Third	John Ansell	38.42	Ukden Relay	26/07/2022
60 - 64	Fastest	Gary Lowe	21.49	Bungay 5k	10/04/2022
	Second	Chris Bladen	22.16	Africa Alive 5k	30/08/2025
	Third	Neil Readhead	25.37	Ukden Relay	06/07/2025
65 - 69	Fastest	Gary Lowe	22.15	Ipswich Twilight 5k	11/05/2024
	Second	Paul Brimson	22.21	Ukden Relay	06/07/2025
	Third	Mark Broughton	28.02	Ukden Relay	07/07/2024
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest	Gordon Merfield	48.36	Olympic Park 5k	12/07/2025
	Second				
	Third				

Saxon's - Club Records (male)

10k		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Freddie Evans	36.42	Heagrove 10k	22/06/2025
	Second	Ryan Chapman	43.35	ASICS LONK 10k	24/08/2025
	Third	Kyle Church	44.43	Ukden Relay	07/08/2022
21 - 29	Fastest	James Wilson	35.33	Woodbridge 10k	21/05/2023
	Second	Chris Church	38.45	Ipswich Twilight 10k	26/07/2024
	Third	Chris Fuller	39.41	Colchester 10k	11/05/2025
30 - 39	Fastest	James Wilson	33.39	Ipswich Twilight 10k	18/07/2025
	Second	Neil Readhead	37.38	Ipswich Twilight 10k	06/07/2025
	Third	Chris Wong	40.33	Telford & Winkles 10k	17/04/2022
40 - 44	Fastest	Oilly Curtis	45.01	Woodbridge 10k	18/05/2025
	Second	Keelan Smith	01:00:48	Heritage Coast Run	05/05/2024
	Third				
45 - 49	Fastest	Simon Pryke	40.21	Bungay 10k	14/04/2024
	Second	Jonathan Barker	48.32	Framlingham 10k	07/09/2025
	Third				
50 - 54	Fastest	Mike Rowe	44.56	Framlingham 10k	07/09/2025
	Second	Dan Cooper	49.36	Woodbridge 10k	18/05/2025
	Third	Sean Wail	50.32	Great Yarmouth 10k	03/02/2025
55 - 59	Fastest	Chris Bladen	46.52	Bungay 10k	14/04/2024
	Second	Richard White	47.13	Bungay 10k	16/04/2023
	Third	Derek Daly	50.54	Woodbridge 10k	08/05/2022