

Saxon's - Club Records (male)

Park Run	Name	Time	Race	Date
U17	Fastest	20:35	Lowestoft Parkrun	25/04/2026
	Second			
	Third			
U21	Fastest	16:57	Long Eaton Parkrun	13/12/2025
	Second	19:28	Thomas Mills Parkrun	23/04/2022
	Third	20:37	Downham Market Academy PR	20/09/2025
21 - 29	Fastest	16:38	Lowestoft Parkrun	04/02/2023
	Second	19:07	Felkstone Parkrun	26/10/2024
	Third	19:27	Felkstone Parkrun	23/09/2023
30 - 39	Fastest	16:32	Gorleston Cliffs Parkrun	03/02/2025
	Second	18:02	Gorleston Cliffs Parkrun	03/02/2025
	Third	18:14	Sizewell Parkrun	28/03/2026
40 - 44	Fastest	20:34	Gorleston Cliffs Parkrun	01/02/2025
	Second	22:53	Sizewell Parkrun	21/09/2024
	Third	25:23	Sizewell Parkrun	13/05/2024
45 - 49	Fastest	19:57	Sizewell Parkrun	07/10/2023
	Second	20:21	Lowestoft Parkrun	15/11/2025
	Third	21:00	Sizewell Parkrun	30/09/2023
50 - 54	Fastest	19:55	Felkstone Parkrun	14/06/2025
	Second	20:52	Sizewell Parkrun	28/02/2023
	Third	20:53	Glossopster City Parkrun	03/01/2026
55 - 59	Fastest	22:23	Sizewell Parkrun	20/04/2024
	Second	23:08	Sizewell Parkrun	16/04/2022
	Third	24:04	Sizewell Parkrun	04/02/2023
60 - 64	Fastest	21:39	Sizewell Parkrun	29/03/2025
	Second	22:20	Lowestoft Parkrun	15/06/2024
	Third	24:05	Sizewell Parkrun	14/05/2022
65 - 69	Fastest	21:19	Thomas Mills Parkrun	25/10/2025
	Second	22:47	Felkstone Parkrun	20/08/2022
	Third	24:50	Gorleston Cliffs Parkrun	07/03/2026
70 - 74	Fastest	28:08	Sizewell Parkrun	09/08/2025
	Second	31:16	Sizewell Parkrun	07/06/2025
	Third	32:53	Lowestoft Parkrun	27/01/2024
75 - 79	Fastest	30:17	Lowestoft Parkrun	15/01/2023
	Second			
	Third			
80+	Fastest	42:23	Lowestoft Parkrun	16/09/2023
	Second	46:41	Sizewell Parkrun	15/01/2022
	Third			

Saxon's - Club Records (male)

5 Miles	Name	Time	Race	Date
U17	Fastest			
	Second			
	Third			
U21	Fastest	30:54	Capel 5 mile	12/10/2025
	Second	31:52	Kirton Friday 5	20/05/2022
	Third	37:30	Bassingham Bash 5 mile	02/08/2025
21 - 29	Fastest	26:57	Framlingham Friday 5	07/06/2024
	Second	30:37	Great Bentley Friday 5	05/07/2024
	Third	31:55	Sudbury Friday 5	31/05/2024
30 - 39	Fastest	26:34	Sudbury Friday 5	06/06/2025
	Second	29:21	Sudbury Friday 5	06/06/2025
	Third	32:19	Great Bentley Friday 5	01/07/2022
40 - 44	Fastest	36:24	Framlingham Friday 5	30/05/2025
	Second	43:42	Great Bentley Friday 5	05/07/2024
	Third			
45 - 49	Fastest	32:35	Framlingham Friday 5	07/06/2024
	Second			
	Third			
50 - 54	Fastest	34:33	Kirton Friday 5	23/05/2025
	Second			
	Third			
55 - 59	Fastest	37:38	Framlingham Friday 5	07/06/2024
	Second	37:33	Framlingham Friday 5	07/06/2024
	Third			
60 - 64	Fastest	37:32	Capel 5 mile	13/10/2024
	Second	37:52	Stowmarket Friday 5	24/06/2022
	Third	46:59	Bury Friday 2	20/06/2025
65 - 69	Fastest	37:06	Great Bentley Friday 5	05/07/2024
	Second	37:14	Framlingham Friday 5	30/05/2025
	Third	42:26	Framlingham Friday 5	30/05/2025
70 - 74	Fastest	52:03	Framlingham Friday 5	30/05/2025
	Second			
	Third			
75 - 79	Fastest			
	Second			
	Third			
80+	Fastest			
	Second			
	Third			

Saxon's - Club Records (male)

10 Miles	Name	Time	Race	Date
U17	Fastest			
	Second			
	Third			
U21	Fastest	59:29	Ruesley 10-mile	15/02/2026
	Second	01:17:26	Tarpley 10	22/02/2026
	Third			
21 - 29	Fastest	57:04	Tarpley 10	25/02/2024
	Second	01:06:34	Becles Turkey Trot	07/12/2025
	Third	01:09:04	Tarpley 10	26/02/2023
30 - 39	Fastest	56:15	Tarpley 10	23/02/2025
	Second	01:01:17	Tarpley 10	23/02/2025
	Third	01:12:45	Felkstone Coastal 10 mile	10/09/2024
40 - 44	Fastest	01:29:01	Becles Turkey Trot	07/12/2025
	Second	01:39:59	Hadleigh 10 mile	23/11/2025
	Third			
45 - 49	Fastest	01:33:15	Felkstone Coastal 10 mile	08/09/2024
	Second	01:33:50	Yorkshire 10 mile	20/10/2024
	Third			
50 - 54	Fastest	01:33:05	Tarpley 10	26/02/2023
	Second			
	Third			
55 - 59	Fastest	01:30:16	Tarpley 10	25/02/2024
	Second	01:24:50	Tarpley 10	27/02/2022
	Third			
60 - 64	Fastest	01:20:37	Tarpley 10	23/02/2026
	Second	01:37:17	Tarpley 10	22/02/2026
	Third			
65 - 69	Fastest	01:38:22	Tarpley 10	23/02/2025
	Second	01:27:50	Felkstone Coastal 10 mile	14/09/2025
	Third			
70 - 74	Fastest			
	Second			
	Third			
75 - 79	Fastest			
	Second			
	Third			
80+	Fastest			
	Second			
	Third			

Saxon's - Club Records (male)

Marathon	Name	Time	Race	Date
U17	Fastest			
	Second			
	Third			
U21	Fastest	02:46:10	Leeds Marathon	11/05/2025
	Second	04:40:29	Zigzag Christmas Canter	20/12/2025
	Third			
21 - 29	Fastest	02:45:00	London Marathon	26/04/2026
	Second	02:57:15	London Marathon	23/04/2023
	Third	03:29:42	Norfolk Marathon	18/04/2025
30 - 39	Fastest	03:05:56	Valencia Marathon	03/12/2023
	Second	03:17:50	Manchester Marathon	14/04/2024
	Third	03:56:44	Norfolk Marathon	13/04/2025
40 - 44	Fastest	04:57:43	London Marathon	26/04/2026
	Second			
	Third			
45 - 49	Fastest	03:35:40	London Marathon	23/04/2024
	Second			
	Third			
50 - 54	Fastest	04:10:27	Norfolk Marathon	19/04/2026
	Second			
	Third			
55 - 59	Fastest	04:40:07	Manchester Marathon	16/04/2023
	Second			
	Third			
60 - 64	Fastest			
	Second			
	Third			
65 - 69	Fastest			
	Second			
	Third			
70 - 74	Fastest			
	Second			
	Third			
75 - 79	Fastest			
	Second			
	Third			
80+	Fastest			
	Second			
	Third			

Saxon's - Club Records (male)

5k	Name	Time	Race	Date
U17	Fastest			
	Second			
	Third			
U21	Fastest	17:17	York Ewingsills 5k	14/11/2025
	Second	20:07	Mallard Cake Dash Wyberton	09/11/2025
	Third	20:51	Aldbrough Team Tri	18/09/2022
21 - 29	Fastest	17:21	Eldon Relay	07/08/2022
	Second	18:01	Ipswich Twilight 5k	11/05/2024
	Third	18:00	Ipswich Twilight 5k	03/05/2025
30 - 39	Fastest	15:44	Ipswich Twilight 5k	03/05/2025
	Second	19:39	Africa Alive 5k	30/08/2025
	Third	21:00	Ipswich Twilight	14/05/2022
40 - 44	Fastest	26:35	Aldbrough Team Tri	21/09/2025
	Second			
	Third			
45 - 49	Fastest	24:34	Run Henham 5k	10/11/2024
	Second			
	Third			
50 - 54	Fastest	20:55	Aldbrough Team Tri	21/09/2025
	Second	24:46	Eldon Relay	06/07/2024
	Third			
55 - 59	Fastest	23:45	Aldbrough Team Tri	21/09/2025
	Second	26:24	Africa Alive 5k	30/08/2025
	Third	35:22	Eldon Relay	07/08/2024
60 - 64	Fastest	21:49	Bungay 5k	10/04/2022
	Second	22:16	Africa Alive 5k	30/08/2025
	Third	22:15	Ipswich Twilight 10k	26/07/2024
65 - 69	Fastest	22:15	Ipswich Twilight 5k	11/05/2024
	Second	22:21	Eldon Relay	06/07/2025
	Third	28:02	Eldon Relay	07/07/2024
70 - 74	Fastest			
	Second			
	Third			
75 - 79	Fastest			
	Second			
	Third			
80+	Fastest	48:36	Olympic Park 5k	12/07/2025
	Second			
	Third			

Saxon's - Club Records (male)

10k	Name	Time	Race	Date
U17	Fastest			
	Second			
	Third			
U21	Fastest	31:53	Leach Abbey Dash 10k	30/11/2025
	Second	43:35	ASICS LDNk 10k	24/08/2025
	Third	44:43	Eldon Relay	07/08/2022
21 - 29	Fastest	35:33	Woodbridge 10k	21/05/2023
	Second	38:45	Ipswich Twilight 10k	26/07/2024
	Third	39:16	Wymondham 10k	18/11/2025
30 - 39	Fastest	33:39	Ipswich Twilight 10k	18/07/2025
	Second	37:58	Ipswich Twilight 10k	26/07/2024
	Third	40:33	Telford & Wrekin 10k	17/04/2022
40 - 44	Fastest	45:01	Woodbridge 10k	18/05/2025
	Second	01:00:48	Heritage Coast Run	05/06/2024
	Third			
45 - 49	Fastest	40:21	Bungay 10k	14/04/2024
	Second	44:34	Southwold 10k	02/11/2025
	Third			
50 - 54	Fastest	43:23	Henham 10k	09/11/2025
	Second	49:36	Woodbridge 10k	18/05/2025
	Third	50:28	Great Yarmouth 10k	02/03/2025
55 - 59	Fastest	46:52	Bungay 10k	14/04/2024
	Second	47:13	Bungay 10k	16/04/2023
	Third	50:54	Woodbridge 10k	09/06/2022
60 - 64	Fastest	45:18	Little Bromley 10k	17/04/2022
	Second	46:08	Henham 10k	10/11/2024
	Third	50:26	Framlingham 10k	01/09/2024
65 - 69	Fastest	46:49	Woodbridge 10k	18/05/2025
	Second	46:17	Ipswich Twilight 10k	23/07/2024
	Third	51:22	Run Henham 10k	10/11/2024
70 - 74	Fastest	01:04:38	Swettenham 10k	30/07/2025
	Second			
	Third			
75 - 79	Fastest			
	Second			
	Third			
80+	Fastest			
	Second			
	Third			

Saxon's - Club Records (male)

Half Marathon	Name	Time	Race	Date
U17	Fastest			
	Second			
	Third			
U21	Fastest	01:14:45	Cambridge Half Marathon	08/03/2026
	Second			