

Saxon's - Club Records (male)

Park Run		Name	Time	Race	Date
U17	Fastest	Balferty Kilday	20.35	Lowestoft Parkrun	25/04/2026
	Second				
	Third				
U21	Fastest	Freddie Evans	16.57	Long Eaton Parkrun	13/12/2025
	Second	Kyle Church	19.28	Thomas Mills Parkrun	23/04/2022
	Third	Ryan Chapman	20.37	Downham Market Academy PB	20/09/2025
21 - 29	Fastest	James Wilson	16.38	Lowestoft Parkrun	04/02/2023
	Second	Freddie Evans	18.26	Bleston Parkrun	16/05/2026
	Third	Chris Fuller	18.46	Keswick Parkrun	16/05/2026
30 - 39	Fastest	James Wilson	16.12	Gorleston Cliffs Parkrun	01/02/2025
	Second	Neil Readhead	18.02	Gorleston Cliffs Parkrun	01/02/2025
	Third	Sam Borrer	18.14	Sizewell Parkrun	28/03/2026
40 - 44	Fastest	Olly Curtis	20.34	Gorleston Cliffs Parkrun	01/02/2025
	Second	Jonathan Harker	22.33	Sizewell Parkrun	21/09/2024
	Third	Keelan Smith	25.23	Sizewell Parkrun	13/05/2024
45 - 49	Fastest	Simon Pryke	19.57	Sizewell Parkrun	07/10/2023
	Second	Jonathan Harker	20.21	Lowestoft Parkrun	15/11/2025
	Third	Phil Ewing	21.00	Sizewell Parkrun	30/09/2023
50 - 54	Fastest	Mike Rowe	19.55	Felkestone Parkrun	14/06/2025
	Second	Sean Newson	20.52	Sizewell Parkrun	28/02/2023
	Third	Phil Ewing	20.53	Glochester City Parkrun	05/02/2026
55 - 59	Fastest	Chris Bladen	22.23	Sizewell Parkrun	20/04/2024
	Second	Richard White	23.08	Sizewell Parkrun	16/04/2022
	Third	Denek Daly	24.55	Sizewell Parkrun	14/05/2023
60 - 64	Fastest	Paul Brimmon	21.39	Sizewell Parkrun	29/03/2025
	Second	Chris Bladen	22.20	Lowestoft Parkrun	15/06/2024
	Third	Gary Lowe	22.31	Sizewell Parkrun	26/06/2025
65 - 69	Fastest	Paul Brimmon	21.19	Thomas Mills Parkrun	25/10/2025
	Second	Gary Lowe	22.47	Felkestone Parkrun	20/08/2022
	Third	Dave Robbie	24.50	Gorleston Cliffs Parkrun	07/03/2026
70 - 74	Fastest	Roger Curtis	28.08	Sizewell Parkrun	09/08/2025
	Second	Anthony Hunt	31.16	Sizewell Parkrun	07/06/2025
	Third	Terry Barrow	32.53	Lowestoft Parkrun	27/03/2024
75 - 79	Fastest	Terry Barrow	38.84	Thomas Mills Parkrun	04/07/2026
	Second	Vic Stephens	50.17	Sizewell Parkrun	15/01/2022
	Third				
80+	Fastest	Gordon Merfield	42.23	Lowestoft Parkrun	16/09/2023
	Second	Maurice Bennell	46.41	Sizewell Parkrun	15/01/2022
	Third				

Saxon's - Club Records (male)

5 Miles		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Freddie Evans	30.54	Capel 5 mile	12/10/2025
	Second	Kyle Church	33.52	Kirton Friday 5	20/05/2021
	Third	Ryan Chapman	37.30	Basingham Bash 5 mile	02/08/2025
21 - 29	Fastest	James Wilson	26.57	Framlingham Friday 5	07/06/2024
	Second	Freddie Evans	28.53	Sudbury Friday 5	05/06/2023
	Third	Kyle Church	30.37	Great Bentley Friday 5	05/07/2024
30 - 39	Fastest	James Wilson	26.34	Sudbury Friday 5	06/06/2025
	Second	Neil Readhead	29.21	Sudbury Friday 5	06/06/2025
	Third	Sam Borrer	29.49	Framlingham Friday 5	29/05/2026
40 - 44	Fastest	Olly Curtis	36.24	Framlingham Friday 5	30/05/2025
	Second	Keelan Smith	43.42	Great Bentley Friday 5	05/07/2024
	Third				
45 - 49	Fastest	Simon Pryke	32.35	Framlingham Friday 5	07/06/2024
	Second				
	Third				
50 - 54	Fastest	Mike Rowe	34.33	Kirton Friday 5	23/05/2025
	Second	Phil Ewing	36.42	Framlingham Friday 5	29/05/2026
	Third				
55 - 59	Fastest	Richard White	37.28	Framlingham Friday 5	07/06/2024
	Second	Chris Bladen	37.33	Framlingham Friday 5	07/06/2024
	Third				
60 - 64	Fastest	Chris Bladen	37.32	Capel 5 mile	13/10/2024
	Second	Gary Lowe	37.52	Stowmarket Friday 5	24/06/2022
	Third	Eric Brown	46.59	Bury Friday 5	20/06/2025
65 - 69	Fastest	Paul Brimmon	37.06	Great Bentley Friday 5	05/07/2024
	Second	Paul Brimmon	37.14	Framlingham Friday 5	30/05/2025
	Third	Dave Robbie	42.26	Framlingham Friday 5	30/05/2025
70 - 74	Fastest	Anthony Hunt	51.13	Framlingham Friday 5	29/05/2026
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (male)

10 Miles		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Freddie Evans	59.29	Rugeley 10-mile	15/02/2026
	Second	Ryan Chapman	01:17:26	Tarpley 10	22/02/2026
	Third				
21 - 29	Fastest	James Wilson	57.04	Tarpley 10	25/02/2024
	Second	Chris Fuller	01:06:12	Derham 10 mile	23/08/2026
	Third	Kyle Church	01:09:04	Tarpley 10	26/02/2023
30 - 39	Fastest	James Wilson	56.15	Tarpley 10	23/02/2025
	Second	Neil Readhead	01:01:17	Tarpley 10	23/02/2025
	Third	Alfie Seamons	01:08:40	Felkestone Coastal 10 mile	20/09/2026
40 - 44	Fastest	Olly Curtis	01:23:01	Becdes Turkey Trot	07/12/2025
	Second	Keelan Smith	01:34:50	Felkestone Coastal 10 mile	20/09/2026
	Third				
45 - 49	Fastest	Simon Pryke	01:13:15	Felkestone Coastal 10 mile	08/09/2024
	Second	Phil Ewing	01:11:50	Yorkshire 10 mile	20/10/2024
	Third				
50 - 54	Fastest	Sean Newson	01:13:05	Tarpley 10	26/02/2023
	Second	Mike Rowe	01:14:27	Felkestone Coastal 10 mile	20/09/2026
	Third				
55 - 59	Fastest	Richard White	01:19:16	Tarpley 10	25/02/2024
	Second	Denek Daly	01:21:50	Tarpley 10	27/02/2022
	Third				
60 - 64	Fastest	Chris Bladen	01:20:37	Tarpley 10	23/02/2026
	Second	Eric Brown	01:37:17	Tarpley 10	22/02/2026
	Third				
65 - 69	Fastest	Gary Lowe	01:18:22	Tarpley 10	23/02/2025
	Second	Dave Robbie	01:27:59	Felkestone Coastal 10 mile	14/09/2025
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (male)

Marathon		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Freddie Evans	02:46:10	Leeds Marathon	11/05/2025
	Second	Ryan Chapman	03:39:02	Manchester Marathon	19/04/2026
	Third				
21 - 29	Fastest	Freddie Evans	02:49:00	London Marathon	26/04/2026
	Second	James Wilson	02:57:15	London Marathon	23/04/2023
	Third	Chris Fuller	03:25:13	Prague Marathon	03/05/2026
30 - 39	Fastest	Chris Wong	03:05:56	Valencia Marathon	03/12/2023
	Second	Tom Turner	03:17:50	Manchester Marathon	14/04/2024
	Third	Ashley Sorage	03:56:42	Norfolk Marathon	13/04/2025
40 - 44	Fastest	Olly Curtis	04:37:43	London Marathon	26/04/2026
	Second				
	Third				
45 - 49	Fastest	Simon Pryke	03:35:40	London Marathon	23/04/2024
	Second				
	Third				
50 - 54	Fastest	Phil Ewing	04:10:27	Norfolk Marathon	19/04/2026
	Second				
	Third				
55 - 59	Fastest	Chris Bladen	04:40:07	Manchester Marathon	16/04/2023
	Second				
	Third				
60 - 64	Fastest	Chris Bladen	04:07:37	Edinburgh Marathon	24/05/2026
	Second				
	Third				
65 - 69	Fastest				
	Second				
	Third				
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest				
	Second				
	Third				

Saxon's - Club Records (male)

5k		Name	Time	Race	Date
U17	Fastest				
	Second				
	Third				
U21	Fastest	Freddie Evans	17.17	York Ewmsall 5k	14/11/2025
	Second	Ryan Chapman	20.07	Mallard Cake Dash, Wyberton	09/11/2025
	Third	Kyle Church	20.51	Aldeburgh Team Tri	18/09/2022
21 - 29	Fastest	Freddie Evans	17.05	ATW Colchester 5k	07/08/2026
	Second	James Wilson	17.21	Eldon Relay	07/08/2022
	Third	Kyle Church	18.01	Ipswich Twilight 5k	11/05/2024
30 - 39	Fastest	James Wilson	15.44	Ipswich Twilight 5k	03/09/2024
	Second	Alfie Seamons	18.31	ATW Colchester 5k	07/08/2025
	Third	Will Ridgand	19.56	Eldon Relay	05/07/2026
40 - 44	Fastest	Keelan Smith	26.35	Aldeburgh Team Tri	21/09/2025
	Second				
	Third				
45 - 49	Fastest	Simon Pryke	24.34	Run Henham 5k	10/11/2024
	Second				
	Third				
50 - 54	Fastest	Mike Rowe	20.55	Aldeburgh Team Tri	21/09/2025
	Second	Dan Cooper	24.46	Eldon Relay	06/07/2024
	Third				
55 - 59	Fastest	Richard White	23.45	Aldeburgh Team Tri	21/09/2025
	Second	Mike Watson	26.23	Africa Alive 5k	30/08/2025
	Third	John Astell	34.23	Eldon Relay	07/08/2023
60 - 64	Fastest	Gary Lowe	21.49	Bungay 5k	10/04/2022
	Second	Chris Bladen	22.16	Africa Alive 5k	30/08/2025
	Third	John Scott	25.27	Eldon Relay	05/07/2024
65 - 69	Fastest	Gary Lowe	22.15	Ipswich Twilight 5k	11/05/2024
	Second	Paul Brimmon	22.21	Eldon Relay	06/07/2025
	Third	Mark Broughnan	28.02	Eldon Relay	07/07/2024
70 - 74	Fastest				
	Second				
	Third				
75 - 79	Fastest				
	Second				
	Third				
80+	Fastest	Gordon Merfield	48.36	Olympic Park 5k	12/07/2025
	Second				
	Third				